Beyond Development ™ References

Anger Management

- 1. Blake, C. S. and Hamrin, V. (2007), Current Approaches to the Assessment and Management of Anger and Aggression in Youth: A Review. Journal of Child and Adolescent Psychiatric Nursing, 20: 209-221.
- 2. Celia van den Berg, Marié-Heleen Coetzee & Marth Munro (2014) Exploring the potential of the process drama convention of dramatised poetry to enhance anger-management skills in adolescent girls, South African Theatre Journal, 27:3, 222-235.
- 3. Conboy, LA, Noggle, JJ, Frey, JL, Kudesia, RS, Khalsa, SBS. Qualitative evaluation of a high school yoga program: feasibility and perceived benefits. Explore. 2013;9:171–180.
- 4. David Spiegel MD, Cathy Malchiodi MA, ATR-BC, Amy Backos MA, ATR-BC & Kate Collie PhD, MFA, ATR (2006) Art Therapy for Combat-Related PTSD: Recommendations for Research and Practice, Art Therapy, 23:4, 157-164, DOI: 10.1080/07421656.2006.10129335
- 5. Hayley Watson, Ron Rapee and Natasha Todorov, Forgiveness Reduces Anger in a School Bullying Context, Journal of Interpersonal Violence, 32, 11, (1642), (2017).
- 6. Serwacki, ML, Cook-Cottone, C. Yoga in the schools: a systematic review of the literature. Int J Yoga Therap. 2012;(22):101–109.
- 7. Sharma, Manoj. (2014). Yoga as an Alternative and Complementary Approach for Stress Management: A Systematic Review. Journal of evidence-based complementary & alternative medicine. 19. 59-67. 10.
- 8. Sturmey, P., Barnes, T. N., O'Brien, K. M., Cumming, M. M., Pitts, D. S. and Smith, S. W. (2017). Evidence-Based Practice and Children and Adolescents: What Works? What Works Best?. In The Wiley Handbook of Violence and Aggression, P. Sturmey (Ed.).
- 9. Zipora Shechtman, Group Intervention with Aggressive Children and Youth Through Bibliotherapy, International Journal of Group Psychotherapy, 67, 1, (47), (2017).